

Warme Küche

Täglich durchgehend warme à la Carte Küche
von **12.00 Uhr bis 17.00 Uhr**
in unserem Restaurant.

Unser Tipp:

AROSEA Club Sandwich

(Paarlbrötchen, Fichtensprossenmayonnaise, Salat, gekochtes Ei,
Tomate, Hühnerbrust, gebackene Zwiebelringe, Speck)

1 Club Sandwich € 11,00



Warm cuisine

Non-stop warm cuisine à la carte available
every day from **12:00 until 17:00**
in our restaurant.

Our Tip:

AROSEA Club Sandwich

(Paarlbrötchen, spruce seedling mayonnaise, salad, boiled egg,
tomato, chicken breast, fried onion rings, bacon)





1 Club Sandwich 11,-€



Tension and relaxation program

Your feeling better, staying in shape
and enjoying relaxation program!



Monday 21 st May	Tuesday 22 nd May	Wednesday 23 rd May	Thursday 24 th May	Friday 25 th May	Saturday 26 th May	Mother's Day 27 th May
<p>09.00 to 09.50 a.m.</p> <p>Gymnastics for your back with Debora Please sign up at the reception</p> 	<p>2.30 – 3.20 p.m.</p> <p>Yoga for beginners with physiotherapist Theo Please sign up at the reception</p> 	<p>2.30 – 3.20 p.m.</p> <p>Stretching with physiotherapist Theo Please sign up at the reception</p> 	<p>09.00 to 09.40 a.m.</p> <p>ROSARIUM Info hour in our beauty center with Martha Please sign up at the reception</p> 	<p>2.30 – 3.20 p.m.</p> <p>Yoga for beginners with physiotherapist Theo Please sign up at the reception</p>	<p>2.30 – 3.20 p.m.</p> <p>Stretching with physiotherapist Theo Please sign up at the reception</p> 	<p>2.30 – 3.20 p.m.</p> <p>Easy entry yoga with physiotherapist Theo Please sign up at the reception</p> 
<p>Warm cuisine Non stop</p> <p>Non-stop warm cuisine à la carte available every day from 12:00 until 17:00 in our restaurant.</p> 	<p>SENSUAL BEAUTY CEREMONY</p> <ul style="list-style-type: none"> • Reception with a warm wool cover for head and neck • Facial cleansing with „Farfalla“ BIO-cleansing preparations • High-quality pinewood powder facial mask and peeling • Stimulation of the sole of the foot • Gentle touch massage with wool fleece and „Zirmschmeichler“© for the face, neck and décolleté. • Finish off with a relaxing drink <p>€ 127,00.- 90 minutes</p> 	<p>The gardens of Trauttmansdorff Castle</p> <p>The Gardens of Trauttmansdorff Castle, located in the town of Merano (Meran) in northern Italy, is a botanical garden nestled into a twelve-hectare amphitheatre with an altitude differential of 100 meters. Trauttmansdorff offers spectacular views of exotic gardens and breathtaking vistas of the surrounding mountains and the spa resort town of Merano.</p> 	<p>Water is life</p> <p>However, our most important food is water. At the AROSEA Life Balance Hotel we try in particular to offer you high-quality, natural and valuable water, for water is life. Everywhere in the Hotel you are served the delightful Grandeur water. The original order and inner structure has been produced again in tap water by the special water revival by Johann Grandeur and the water has been revived with the information that nature gives us. You can order oxygen-water at our Water Bar. You will be surprised at its natural taste and freshness</p> 	<p>Around the lake</p> <p>The sea route is as a day or also shorter as a half day walk very recommendable. About a dozen of ancient farms half a century ago were a victim of a state energy plan. Today the sea is recovering a land of 100ha, where were standing 36 houses and were living about 70 persons.</p> 	<p>4.00 to 5.00 p.m.</p> <p>Yoga with Alex Parmeggiani Minimum of participants: 4 people Please sign up at the reception</p>	<p>DOLOMITI GOLF CLUB</p> <p>Sarnonico</p> <p>The golf course is located in the "Alta Val di Non". The golf course is considered one of the most difficult 18-hole courses in the Dolomiti Mountains. It is also considered an extremely beautiful setting encircled by the incomparable majesty of the Dolomiti.</p> <p>The benefit for our guests: -25 % discount</p> 
<p>4.15 p.m.</p> <p>Sauna Aufguss in the outdoor Finnish sauna with Debora Aroma: Peppermint</p>	<p>4.15 p.m.</p> <p>Sauna Aufguss in the outdoor Finnish sauna with Theo Aroma: lemon</p>	<p>4.15 p.m.</p> <p>Sauna Aufguss in the outdoor Finnish sauna with Theo Aroma: Orange</p>		<p>4.15 p.m.</p> <p>Sauna Aufguss in the outdoor Finnish sauna with Theo Aroma: Larch</p>	<p>4.15 p.m.</p> <p>Sauna Aufguss in the outdoor Finnish sauna with Theo Aroma: Lavender</p>	<p>4.15 p.m.</p> <p>Sauna Aufguss in the outdoor Finnish sauna with Theo Aroma: Rosemary</p>

Please sign up the day before within 6 p.m. for each event.